

DR. KATHARINE-LEE WEILLE

PSYCHOTHERAPY, TEACHING, RESEARCH AND CONSULTATION

In Dutch and English

CURRENT PROFESSIONAL ACTIVITIES:

Independent practice: psychotherapy, supervision, training and consultation, United States, UK, and the Netherlands 1990-

- **General practice individual and couples therapy** Special expertise in psychology of parenthood, trauma, intimacy and relationships, and complex or non-mainstream identity—for example LGBTQI and polyamory, and complex cultural identity. Provide clinical supervision to individuals and groups.
- **Consultation, training and research** on special topics and practice issues. Examples include consulting on qualitative research; putting together symposia or supervising social care professionals on working with parents; conducting a seminar for organisational consultants and coaches on working with Jessica Benjamin's Recognition Theory; or holding team development days using the MBTI. (More workshops & lectures on publication list).

Adjunct Professor, Webster University, Department of Psychology, Undergraduate and Masters programmes. Leiden. 1999-

- In the graduate school, I currently teach a course I developed on complex intimacy and complex identity, combining a number of clinical topics and theoretical perspectives on the experience of individuals, couples and families in society.
- Previously (in the graduate school) developed and taught a couples therapy course and a research course on qualitative methods for clinicians; taught group therapy, psychodynamic counselling, and supervised clinical internships. Also taught undergraduate courses on gender & sexuality and personality theories.

Program development and lecturing on the psychology of parenthood RINO, Utrecht 2003-

- Teach psychology of parenthood on the postgraduate registration courses for psychologists (GZ and KP) and orthopedagogues (OG). Since 2012 in the role of 'hoofddocent' on parenthood, developing a continuing education program on the psychology of parenthood for practitioners working in a variety of professional disciplines and practice settings. Since 2018 developed a 'blended' version of the program to teach both online and in-classroom.

Instructor and clinical supervisor 'Bij- en nascholingscursus indicatiestelling en behandeling psychoanalytische kindtherapie en ouderbegeleiding' in

Deventer 2013-

- Provide clinical supervision and develop an annual program with a theme and literature related to clinical work with parents, for a group of psychotherapists, clinical psychologists and psychiatrists practicing in the eastern part of the Netherlands. Topics have run the gamut from transgender children to intersubjectivity and relational psychoanalysis, with the aim of bringing new theoretical perspectives that may enhance and deepen practice.

Clinical Supervisor, Utrecht University, Master program Intrapsychic Dynamics in Organisations (IDO). Utrecht. 2010-2012, 2020-

- Between 2010-2012 provided psychodynamic supervision combining clinical and group relations theory for internships in counselling and organisational observation.
- From 2020, I will develop a two-day residential seminar on psychodynamic theory and provide monthly group supervision to the master students (mainly organisational consultants and coaches).

PRIOR TEACHING, RESEARCH AND EDITORIAL BOARD APPOINTMENTS

Research supervisor on a study of new mothers' experiences of professional help, following the birth of a very preterm infant. Amsterdam UMC ToP Program 2016-2020 Helped to design and carry out a study (publications pending) on behalf of an early intervention program interested in better understanding the experience of their clients and in particular the differences between mothers with more or less education.

Co-promotor and guest lecturer on qualitative research methods Universiteit voor Humanistiek, Graduate School and Landelijk Expertise Centrum Sociale Innovatie. 2013-2018

Editorial board, Dutch journal of professional work with parents (*Tijdschrift Ouderschapskennis*). 2009-2016

Program developer and instructor, post-bachelor Masterclass 'The Engaged Youth-Professional' and Master of Social Work program. Pro Education/NCOI. 2012-2014 Developed and taught two seminars, on international social work theories, and on the psychology of parenthood.

Professor on Parenthood and Professional Work with Parents, Leiden University of Applied Science. 2009-2012. Designed and implemented a program of professional education on the topic of parenthood and professional work with parents. Supervised research projects and consortiums for working towards grant-funded research projects. Did public speaking and organised academic-community meetings on themes pertaining to parenthood, bringing together local organisations, experts, students, and policy makers.

Memory Work Research project 2007-2009. International collaboration on a project exploring a range of epistemological and methodological issues using Haug's Memory Work technique.

Researcher, European study assessing impact of Juvenile Huntingtons Disease. 2006-2008. A study using qualitative interviews and Interpretative Phenomenological Analysis

Research supervisor, Birkbeck College, University of London and the Institute for Family Therapy. 2005-6. Supervised research of students in a clinical doctorate programme.

Editor, international issue Ouderschap & Ouderbegeleiding 2001-6

Lecturer, Birkbeck College/University of London, Department of Psychology. 1997-1999. Lectured on Sexual Problems, Gender Identity.

Instructor, Saint Anne's Hospital, Fall River MA. 1994-1995. Developed and taught post-graduate curriculum on trauma theory and evaluation of sexual abuse.

Field Instructor, Boston University and Rhode Island College Graduate Schools of Social Work, 1992-1995. Supervised/taught interns.

PRIOR PSYCHOTHERAPY, MANAGEMENT AND TEAM EXPERIENCE

Psychotherapist, Tavistock Centre and Portman Clinic, London UK. 1995-1997. Provided individual and family therapy at the Tavistock, and individual treatment for sexual issues at the Portman Clinic.

Clinical Director and psychotherapist, Pediatric Sexual Abuse Program, Fall River MA. 1992-1995. Provided clinical supervision and training for team of staff and students. Trained and consulted to local clinics, schools, parent groups, etc. Treated sexually abused children and their families (individual, family, and group therapy). Developed clinical evaluation procedures, group projects, and activities to promote team learning and development. Partially responsible for administrative aspects of program (grant, budget, statistics).

Psychotherapist, Bradley Hospital, Providence RI. 1990-1992. Conducted individual, family, and group treatment of children (and their families) in psychiatric inpatient unit. Complex, multi-problem evaluation and treatment required extensive multi-disciplinary teamwork and school/community liaison. Also provided outpatient treatment to adults, adolescents, couples, and children, and organized annual educational conferences for the larger professional community.

Psychotherapist, Massachusetts Correctional Institution, Norfolk MA. 1989-1990. Provided psychodynamic treatment to incarcerated men, mostly with extreme trauma histories. Developed and led groups for sex offenders and drug/alcohol addicted men.

Clinical internships (2), Children's Hospital, and UCHSC, Denver CO. 1987-1989. Individual and group psychotherapy for children, parents, and families, in outpatient and day treatment settings.

Counselor, Connecticut Valley Hospital, Middletown CT. 1986-1987. Counselor for an adult, acute psychiatric inpatient unit.

PUBLICATIONS, WORKSHOP AND PRESENTATION TITLES

A list of publications and presentation titles is available separately.

EDUCATION AND SPECIAL QUALIFICATIONS

PhD (Psychology), University of London/Tavistock Centre, England. 2004. Doctoral dissertation: Qualitative study using Interpretative Phenomenological Analysis to

explore the psychodynamic meanings of dominant-submissive power exchange in sexuality.

Examined and passed with the highest honour by professors Mary Target, University College London, and Carla Willig, City University, London.

MSW (Clinical Social Work), Smith College School for Social Work, Northampton MA. 1989. Masters Thesis: Countertransference and empathy in child therapy

BA, Wesleyan University, Middletown CT. 1986.

Additional training and certification:

- **Intensive training and regular Mindfulness / vipassana and contemplative practice** 2005-
- **Coaching Collaborative Divorce:** 2009.
- **Organizational dynamics and consultation:** The Tavistock Institute's Leicester Conference, 1999, and other Group Relations Events: Tavistock Centre, London, 1996; Israel, 2001.
- **Qualified administrator of the Myers Briggs Type Indicator**, Center for Applications of Psychological Type (CAPT), 2000. Step II training completed October 2004 (OPP).
- **Assessment & treatment of ADHD in Adults**, 2001.
- **Jungian Child Therapy certificate:** Boston MA, 1991-1992.
- **Treatment of psychological trauma, use of hypnotherapy, and a range of related techniques:** 1989-1995.

PROFESSIONAL MEMBERSHIPS AND LICENSURE

Coordinator, Dutch IPA research group. 2006-

ACCESS counseling network, Netherlands, 1998-

ACSW registration (#884145319), in the USA, license for the independent practice of psychotherapy. 1992-

LANGUAGES/NATIONALITY

- Dual nationality US/Dutch, living in Amsterdam since 1997
- Fluent English and Dutch; rusty Spanish (previously fluent).
- Previously lived in USA; Bogota, Colombia; London, England